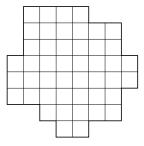
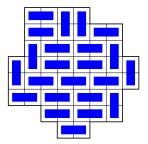
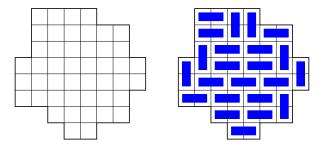
Nicolau C. Saldanha, PUC-Rio Includes joint work with J. Freire, C. Klivans, P. Milet, C. Tomei and others. Includes results due to W. Thurston and many others.

AMS Fall Central Virtual Sectional Meeting September 13th 2020

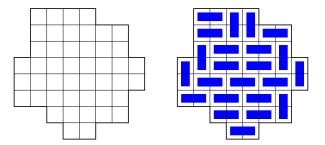
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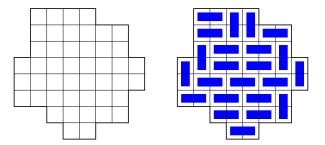




A (2D) domino is a rectangular tile of sides 1 and 2.



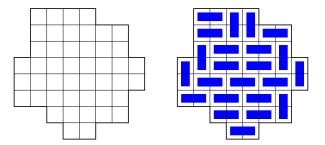
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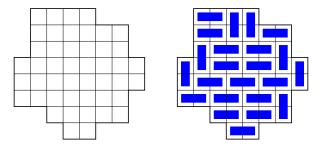
A (2D) *domino* is a rectangular tile of sides 1 and 2. Given a quadriculated region, we want to:

decide whether a tiling exists;



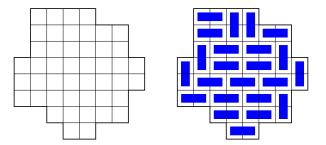
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- decide whether a tiling exists;
- count the possible tilings;



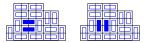
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- decide whether a tiling exists;
- count the possible tilings;
- classify the possible tilings;



- decide whether a tiling exists;
- count the possible tilings;
- classify the possible tilings;
- study the connectivity of the space of tilings by *flips*.

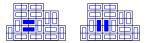
Flips



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A *flip* is a local move in which the position of exactly two dominoes is changed.

Flips

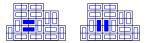


A *flip* is a local move in which the position of exactly two dominoes is changed.

When can two tilings of the same region be joined by a finite sequence of flips?

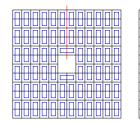
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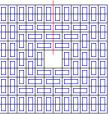
Flips



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When can two tilings of the same region be joined by a finite sequence of flips? Can the two tilings below?





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For a planar quadriculated region $\mathcal{D} \subset \mathbb{R}^2$ which is connected but not simply connected, the *flux* is computed by counting *with sign* dominoes crossing a cut.

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Flux is preserved by flips. The two tilings in the figure have different flux and therefore can not be joined by flips.

Theorem A (S., Tomei, Casarin, Romualdo; extending Thurston) Consider a planar connected quadriculated region \mathcal{D} . Two domino tilings of \mathcal{D} can be joined by a sequence of flips if and only if they have the same flux.

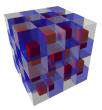
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The proof is based on the concept of *height functions*.

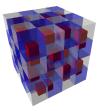
Dominoes in dimension 3



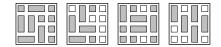
A domino in dimension 3 is a parallelepiped with edges 2, 1 e 1, i.e., is obtained by glueing two unit cubes along a common face.



Dominoes in dimension 3

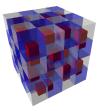


A domino in dimension 3 is a parallelepiped with edges 2, 1 e 1, i.e., is obtained by glueing two unit cubes along a common face. A good way to draw a tiling is by floors. The figure shows a tiling of the box $[0,4] \times [0,4] \times [0,4]$.

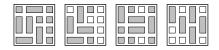


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For vertical dominoes, only the half contained in the floor shown to the left is shaded.

We are interested in the set of tilings of a cubiculated region $\ensuremath{\mathcal{R}}.$

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We are interested in the set of tilings of a cubiculated region \mathcal{R} . All questions are much harder for dimension 3 than for dimension 2. Even an estimate of the number a_n of tilings of a cubical box of side 2n is a famous open problem.

$$\lim_{n\to\infty}\frac{\log(a_n)}{n^3}=(??)$$

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A *flip* is performed by removing two dominoes and placing them back in a different position.

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Notice that there are now three planes for the flip.

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The figure shows three tilings of the box $[0,4]\times[0,4]\times[0,3]$ connected by two flips.



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Can we prove a result similar to Theorem A? Maybe. Is it always possible to join two tilings of a box by a finite sequence of flips? No!

There are tilings which admit no flip

It is not always possible to connect two tilings by a sequence of flips, not even if the region is a box. Some tilings admit no flip.



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There are tilings which admit no flip

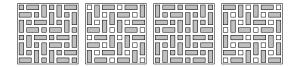
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There are similar examples in larger boxes.



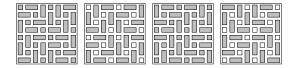
However, such examples appear to be extremely rare.

There are tilings which admit no flip

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There are similar examples in larger boxes.



However, such examples appear to be extremely rare.

For two tilings t_0, t_1 of the same region, write $t_0 \approx t_1$ if there exists a sequence of flips taking t_0 to t_1 .

Trits

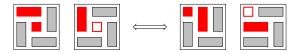
A *trit* is performed by removing three dominoes, one in each possible direction, and placing then back in a different position.



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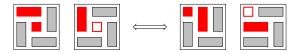


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All tilings of the 4 \times 4 \times 4 box can be joined by flips and trits.

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All tilings of the $4 \times 4 \times 4$ box can be joined by flips and trits. Is this true for larger boxes?

The twist of a tiling

We can define the *twist* of a tiling \mathbf{t} of a box, an integer $\mathsf{Tw}(\mathbf{t})$ that:

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We can define the *twist* of a tiling \mathbf{t} of a box, an integer $\mathsf{Tw}(\mathbf{t})$ that:

- remains the same when a flip is performed;
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We obtain 4Tw(t) by counting (with signs) pairs of reverse dominoes,

one in the x direction, one in the y direction,

one half-domino of one lies above one half-domino of the other.

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Clearly, $\mathbf{t}_0 \approx \mathbf{t}_1$ implies $\mathsf{Tw}(\mathbf{t}_0) = \mathsf{Tw}(\mathbf{t}_1)$. (Recall that $\mathbf{t}_0 \approx \mathbf{t}_1$ denotes that there exists a sequence of flips taking t_0 to t_1 . Also, flips do not alter the twist.)

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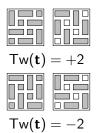
a sequence of flips taking t_0 to t_1 .

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On the other hand, $\mathsf{Tw}(\mathbf{t}_0) = \mathsf{Tw}(\mathbf{t}_1)$ does not imply $\mathbf{t}_0 \approx \mathbf{t}_1$.

More about the twist

Rotations preserve twist. Reflections change the sign of the twist.









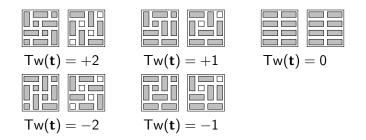
$$\mathsf{Tw}(\mathbf{t}) = -1$$

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 $\mathsf{Tw}(\mathbf{t}) = 0$

More about the twist

Rotations preserve twist. Reflections change the sign of the twist.



For regions which are not contractible, the twist assumes values in $\mathbb{Z}/(d)$ where $d \in \mathbb{N} = \{0, 1, 2, ...\}$ is a function of the flux $(\mathbb{Z}/(0) = \mathbb{Z})$.

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Questions about the twist

Is the twist the only significant invariant?



Is the twist the only significant invariant? In a sense, YES.

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Is the twist the only significant invariant? In a sense, YES.

Is it true that, except for a few special cases, $Tw(t_0) = Tw(t_1) \text{ implies } t_0 \approx t_1?$ That is, is it true that if two tilings have the same twist then usually they can be joined by a sequence of flips?

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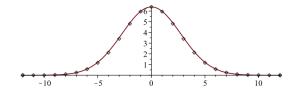
Is it true that, except for a few special cases, $Tw(t_0) = Tw(t_1) \text{ implies } t_0 \approx t_1?$ That is, is it true that if two tilings have the same twist then *usually* they can be joined by a sequence of flips? At least in certain cases, YES.

Normal distribution of the twist

For large boxes, the twist appears to follow a normal distribution.

Normal distribution of the twist

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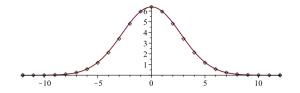
The figure shows the distribution of the twist for the box $[0,4] \times [0,4] \times [0,120]$. The solid curve is a true gaussian, shown for comparison.

Numbers on the vertical axis shoud be multiplied by 10^{314} .

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Normal distribution of the twist

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The figure shows the distribution of the twist for the box $[0, 4] \times [0, 4] \times [0, 120]$.

The solid curve is a true gaussian, shown for comparison. Numbers on the vertical axis shoud be multiplied by 10^{314} . **Theorem B** Let $\mathcal{D} \subset \mathbb{R}^2$ be a balanced quadriculated disk containing a 2×3 rectangle. Let **T** be a random tiling of $\mathcal{D} \times [0, N]$. When $N \to \infty$, the random variable $\text{Tw}(\mathbf{T})/\sqrt{N}$ converges in distribution to a normal distribution centered at 0.

The box $4 \times 4 \times 8$

The number of tilings per twist for the box $4 \times 4 \times 8$:

 $Tw = 10 \rightarrow 68$ $Tw = 9 \rightarrow 82976$ $Tw = 8 \rightarrow 59065698$ $Tw = 7 \rightarrow 7479240824$ $Tw = 6 \rightarrow 789433905408$ $Tw = 5 \rightarrow 62605387849228$ $Tw = 4 \rightarrow 3436695516295322$ $Tw = 3 \rightarrow 115127111752195716$ $Tw = 2 \rightarrow 2276869405291081594$ $Tw = 1 \rightarrow 24306062890787668200$ $Tw = 0 \rightarrow 121817608970781595564$ $Tw = -1 \rightarrow 24306062890787668200$

The box $4 \times 4 \times 12$

The number of tilings per twist for the box $4 \times 4 \times 12$:

Tw = 16	i —	→ 1156
Tw = 15	\rightarrow	1718096
Tw = 14	\rightarrow	1359674808

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Let $\mathbf{t}_0, \mathbf{t}_1$ be tilings of $\mathcal{D} \times [0, N_0], \mathcal{D} \times [0, N_1]$. We denote by $\mathbf{t}_0 * \mathbf{t}_1$ the *concatenation* of these two tilings; $\mathbf{t}_0 * \mathbf{t}_1$ is a tiling of $\mathcal{D} \times [0, N_0 + N_1]$.

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The first tiling $\mathbf{t}_{vert,2}$ is vertical.

Let $\mathbf{t}_0, \mathbf{t}_1$ be tilings of $\mathcal{D} \times [0, N_0], \mathcal{D} \times [0, N_1]$. We denote by $\mathbf{t}_0 * \mathbf{t}_1$ the *concatenation* of these two tilings; $\mathbf{t}_0 * \mathbf{t}_1$ is a tiling of $\mathcal{D} \times [0, N_0 + N_1]$. We always have $\mathsf{Tw}(\mathbf{t}_0 * \mathbf{t}_1) = \mathsf{Tw}(\mathbf{t}_0) + \mathsf{Tw}(\mathbf{t}_1)$. For $M \in 2\mathbb{N}$, let $\mathbf{t}_{\mathsf{vert},M}$ be the vertical tiling of $\mathcal{D} \times [0, M]$. The figure shows three tilings of $\mathcal{D} \times [0, 2]$ for $\mathcal{D} = [0, 4]^2$.

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The first tiling $\mathbf{t}_{vert,2}$ is vertical. The other two tilings $\mathbf{t}_0, \mathbf{t}_1$ admit no flip.

Let $\mathbf{t}_0, \mathbf{t}_1$ be tilings of $\mathcal{D} \times [0, N_0], \mathcal{D} \times [0, N_1]$. We denote by $\mathbf{t}_0 * \mathbf{t}_1$ the *concatenation* of these two tilings; $\mathbf{t}_0 * \mathbf{t}_1$ is a tiling of $\mathcal{D} \times [0, N_0 + N_1]$. We always have $\mathsf{Tw}(\mathbf{t}_0 * \mathbf{t}_1) = \mathsf{Tw}(\mathbf{t}_0) + \mathsf{Tw}(\mathbf{t}_1)$. For $M \in 2\mathbb{N}$, let $\mathbf{t}_{\mathsf{vert},M}$ be the vertical tiling of $\mathcal{D} \times [0, M]$. The figure shows three tilings of $\mathcal{D} \times [0, 2]$ for $\mathcal{D} = [0, 4]^2$.



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The first tiling $t_{\text{vert},2}$ is vertical. The other two tilings t_0, t_1 admit no flip. It turns out that $t_0 * t_{\text{vert},2} \approx t_1 * t_{\text{vert},2}$, i.e., there exists a finite sequence of flips joining $t_0 * t_{\text{vert},2}$ and $t_1 * t_{\text{vert},2}$.



(See Extra material for Theorems C, D)



(See Extra material for Theorems C, D)

Theorem E Let $\mathcal{D} = [0, L_1] \times [0, L_2] \subset \mathbb{R}^2$ be a balanced quadriculated rectangle, min $\{L_1, L_2\} \ge 3$, L_1L_2 even.

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Theorem E Let $\mathcal{D} = [0, L_1] \times [0, L_2] \subset \mathbb{R}^2$ be a balanced quadriculated rectangle, min $\{L_1, L_2\} \ge 3$, L_1L_2 even.

There exists $M \in 2\mathbb{N}$ such that, for all N, if $\mathbf{t}_0, \mathbf{t}_1$ are tilings of $\mathcal{D} \times [0, N]$ and $\mathsf{Tw}(\mathbf{t}_0) = \mathsf{Tw}(\mathbf{t}_1)$ then $\mathbf{t}_0 * \mathbf{t}_{\mathsf{vert}, M} \approx \mathbf{t}_1 * \mathbf{t}_{\mathsf{vert}, M}$.

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$$\mathbf{t}_0 * \mathbf{t}_{\text{vert},M} \approx \mathbf{t}_1 * \mathbf{t}_{\text{vert},M}.$$

Notice that M is a function of \mathcal{D} only, not of N.

(See Extra material for Theorems C, D)

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Given \mathcal{D} , what is the smallest possible value of M?

(See Extra material for Theorems C, D)

Theorem E Let $\mathcal{D} = [0, L_1] \times [0, L_2] \subset \mathbb{R}^2$ be a balanced quadriculated rectangle, $\min\{L_1, L_2\} \ge 3$, L_1L_2 even. There exists $M \in 2\mathbb{N}$ such that, for all N, if $\mathbf{t}_0, \mathbf{t}_1$ are tilings of $\mathcal{D} \times [0, N]$ and $\mathsf{Tw}(\mathbf{t}_0) = \mathsf{Tw}(\mathbf{t}_1)$ then $\mathbf{t}_0 * \mathbf{t}_{\mathsf{vert},M} \approx \mathbf{t}_1 * \mathbf{t}_{\mathsf{vert},M}$. Notice that M is a function of \mathcal{D} only, not of N.

Given \mathcal{D} , what is the smallest possible value of M? How does M depend on \mathcal{D} ?

Theorem F Let $\mathcal{D} = [0, L_1] \times [0, L_2] \subset \mathbb{R}^2$ be a balanced quadriculated rectangle, min $\{L_1, L_2\} \ge 3$, L_1L_2 even.

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$$p_N = \operatorname{Prob}[(\mathsf{Tw}(\mathsf{T}_0) = \mathsf{Tw}(\mathsf{t}_1)) \land (\mathsf{T}_0 \not\approx \mathsf{T}_1)].$$

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There exists $\lambda < 1$ such that $p_N = o(\lambda^N)$.

Theorem F Let $\mathcal{D} = [0, L_1] \times [0, L_2] \subset \mathbb{R}^2$ be a balanced quadriculated rectangle, min $\{L_1, L_2\} \ge 3$, L_1L_2 even. Given N, let $\mathbf{T}_0, \mathbf{T}_1$ be random tilings of $\mathcal{D} \times [0, N]$. Let

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There exists $\lambda < 1$ such that $p_N = o(\lambda^N)$.

Notice that $Prob[Tw(T_0) = Tw(t_1)]$ tends to 0 as $N \to \infty$, but not exponentially.

For the $4 \times 4 \times 4$ box, there are 5051532105 tilings, split into 93 connected components via flips.

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For the $4 \times 4 \times 4$ box, there are 5051532105 tilings, split into 93 connected components via flips. The largest component has 4412646453 tilings.

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For the $4 \times 4 \times 4$ box, there are 5051532105 tilings, split into 93 connected components via flips. The largest component has 4412646453 tilings. The next two have 310185960 tilings each.

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For the $4 \times 4 \times 4$ box, there are 5051532105 tilings, split into 93 connected components via flips.

- The largest component has 4412646453 tilings.
- The next two have 310185960 tilings each.
- There are 24 connected components with a single tiling. Such tilings admit no flip.

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Let $\mathbf{t}_{vert,2}$ be the vertical tiling of the $4 \times 4 \times 2$ box.

The $4 \times 4 \times 4$ box

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Let $\mathbf{t}_{vert,2}$ be the vertical tiling of the $4 \times 4 \times 2$ box. Let $\mathbf{t}_0, \mathbf{t}_1$ be tilings of the $4 \times 4 \times 4$ box.

The $4 \times 4 \times 4$ box

For the $4 \times 4 \times 4$ box, there are 5051532105 tilings, split into 93 connected components via flips.

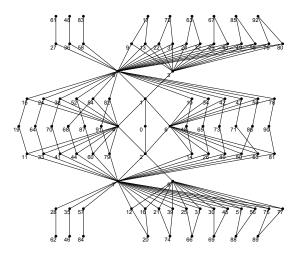
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Let $\mathbf{t}_{vert,2}$ be the vertical tiling of the $4 \times 4 \times 2$ box. Let $\mathbf{t}_0, \mathbf{t}_1$ be tilings of the $4 \times 4 \times 4$ box. If $\mathsf{Tw}(\mathbf{t}_0) = \mathsf{Tw}(\mathbf{t}_1)$ then $\mathbf{t}_0 * \mathbf{t}_{vert,2} \approx \mathbf{t}_1 * \mathbf{t}_{vert,2}$. Compare with Theorem F.

The 93 connected components of the space of tilings of the $4 \times 4 \times 4$ box (via flips)



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The 9 large components (5051496105 tilings)

Component	Number of tilings	Twist
0	4412646453	0
1	310185960	1
2	310185960	-1
8	8237514	2
7	8237514	-2
3	718308	2
5	718308	-2
4, 6	283044	0

The 84 small components (36000 tilings)

Component		Τw
27, 36, 58		3
28, 35, 57		-3
9, 13, 22, 23, 29, 32, 37, 43, 49, 55, 76, 80		3
12, 16, 21, 25, 30, 31, 39, 45, 51, 56, 75, 77	618	-3
10, 15, 24, 34, 38, 42, 47, 52, 54, 59, 78, 82	236	1
11, 14, 26, 33, 40, 41, 44, 50, 53, 60, 79, 81	236	-1
48, 61, 83		4
46, 62, 84		-4
17, 63, 67, 72, 85, 92	1	4
18, 19, 64, 65, 68, 70, 71, 73, 86, 87, 90, 91	1	0
20, 66, 69, 74, 88, 89	1	-4

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Flip invariance for domino tilings of three-dimensional regions with two floors.

Discrete & Computational Geometry, June 2015, Volume 53, Issue 4, pp 914–940.

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Pedro H Milet and Nicolau C Saldanha. Domino tilings of three-dimensional regions: flips and twists. arxiv:1410.7693.

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Domino tilings of cylinders: connected components under flips and normal distribution of the twist arxiv:2007.09500

Nicolau C Saldanha, Carlos Tomei, Mario A Casarin Jr, and Domingos Romualdo.

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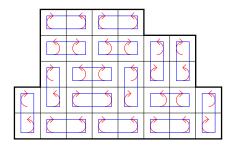
Thank you!

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Extra material

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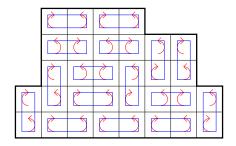
Height functions (towards Theorem A)



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A planar domino tiling can be encoded by a *height function*.

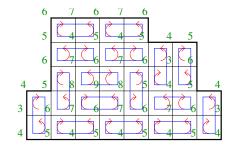
Height functions (towards Theorem A)



A planar domino tiling can be encoded by a *height function*. Draw clockwise and counterclockwise arrows in the squares of \mathcal{D} , following an alternating pattern as in the figure (and as in a chessboard).

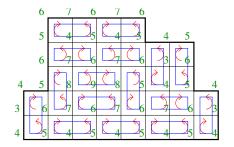
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From a tiling to a height function



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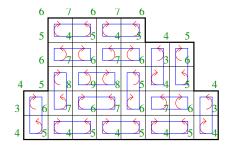
From a tiling to a height function



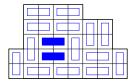
Arrows indicate whether the height function increases or decreases by 1 along edges which are not covered by dominoes.

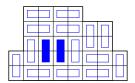
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From a tiling to a height function

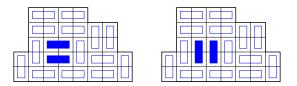


Arrows indicate whether the height function increases or decreases by 1 along edges which are not covered by dominoes. Along edges which are covered, the height function decreases or increases by 3.



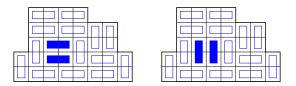






Notice that when a flip is performed, the height function changes in one point only.

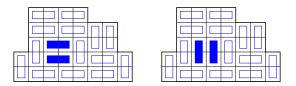
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Notice that when a flip is performed, the height function changes in one point only.

A flip can be applied at an internal vertex if and only if that vertex is a local maximum or minimum.

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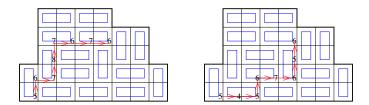


Notice that when a flip is performed, the height function changes in one point only.

A flip can be applied at an internal vertex if and only if that vertex is a local maximum or minimum.

In order to prove Theorem A, look for local maxima.

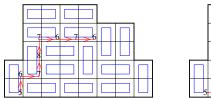
Consistency of the construction of height functions

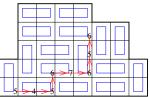


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Different paths yield the same difference.

Consistency of the construction of height functions





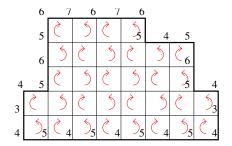
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Different paths yield the same difference.

Indeed, following a closed path, the difference counts 4 times the number of black squares minus the number of white squares in the surrounded region.

(Black is counterclockwise, white is clockwise; boundaries are counterclockwise.)

The height function along the boundary of $\ensuremath{\mathcal{D}}$



The value of the height function along the boundary do not depend on the tiling.

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From height function to tiling

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• the function has the correct values on the boundary of \mathcal{D} ;

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- the function has the correct values mod 4;
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There exists a natural bijection between tilings and height functions.

Consider two height functions h_0 and h_1 . We want to join the two height functions by a finite sequence of flips.

Consider two height functions h_0 and h_1 . We want to join the two height functions by a finite sequence of flips. Compute the difference $h_1 - h_0$.

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Consider two height functions h_0 and h_1 . We want to join the two height functions by a finite sequence of flips. Compute the difference $h_1 - h_0$. Assume without loss of generality that $h_1 - h_0$ assumes strictly positive values at some internal vertex or vertices.

Consider two height functions h_0 and h_1 . We want to join the two height functions by a finite sequence of flips. Compute the difference $h_1 - h_0$. Assume without loss of generality that $h_1 - h_0$ assumes strictly positive values at some internal vertex or vertices. Consider the finite set Y of internal vertices where $h_1 - h_0$ assumes its maximal value.

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Consider the finite set Y of internal vertices where $h_1 - h_0$ assumes its maximal value.

Search for the element of Y where h_1 assumes the largest value:

Consider two height functions h_0 and h_1 .

We want to join the two height functions by

a finite sequence of flips.

Compute the difference $h_1 - h_0$.

Assume without loss of generality that $h_1 - h_0$ assumes

strictly positive values at some internal vertex or vertices.

Consider the finite set Y of internal vertices where $h_1 - h_0$ assumes its maximal value.

Search for the element of Y where h_1 assumes the largest value: this point is a local maximum of h_1 (WHY??).

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Consider two height functions h_0 and h_1 .

We want to join the two height functions by

a finite sequence of flips.

Compute the difference $h_1 - h_0$.

Assume without loss of generality that $h_1 - h_0$ assumes

strictly positive values at some internal vertex or vertices.

Consider the finite set Y of internal vertices where $h_1 - h_0$ assumes its maximal value.

Search for the element of Y where h_1 assumes the largest value: this point is a local maximum of h_1 (WHY??).

Perform a flip at this point, thus obtaining a height function h_2 ; repeat.

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Consider two height functions h_0 and h_1 .

We want to join the two height functions by

a finite sequence of flips.

Compute the difference $h_1 - h_0$.

Assume without loss of generality that $h_1 - h_0$ assumes

strictly positive values at some internal vertex or vertices.

Consider the finite set Y of internal vertices where $h_1 - h_0$ assumes its maximal value.

Search for the element of Y where h_1 assumes the largest value: this point is a local maximum of h_1 (WHY??).

Perform a flip at this point, thus obtaining a height function h_2 ; repeat.

We thus construct the desired finite sequence of flips,

proving the **Theorem**.

Refinements

A cubiculated region is *refined* by dividing each cube into $5 \times 5 \times 5$ smaller cubes.

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Refinements

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A cubiculated region is refined by dividing each cube
into 5 \times 5 \times 5 smaller cubes.
Why 5? Because 5 \equiv 1 \pmod{4}.
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Refinement also takes tilings to tilings: each domino is divided into $5 \times 5 \times 5$ smaller parallel dominoes.

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Refinement also takes tilings to tilings: each domino is divided into $5 \times 5 \times 5$ smaller parallel dominoes.

Theorem C (Freire,Klivans,Milet,S.) Consider two tilings of the same cubiculated region. Assume they have the same flux and twist. Then they can be joined by a finite sequence of flips *provided* we are allowed to take refinements.

Consider two tilings t_0 and t_1 with the same flux and twist.

Consider two tilings t_0 and t_1 with the same flux and twist. Consider the difference $t_1 - t_0$ as a finite family of oriented curves.

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Consider two tilings t_0 and t_1 with the same flux and twist. Consider the difference $t_1 - t_0$ as a finite family of oriented curves. After adding space, construct a quadriculated Seifert surface *S* whose boundary is $t_1 - t_0$ (this is where the hypothesis of equal flux comes in).

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Adjust the tilings so that they are also tilings of S (this is where the hypothesis of equal twist comes in).

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Generalize planar theory to quadriculated surfaces. Deduce that the desired sequence of flips exists.

Let $\mathcal{D} \subset \mathbb{R}^2$ be a balanced quadriculated disk containing a 2×3 rectangle

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Let $\mathcal{D} \subset \mathbb{R}^2$ be a balanced quadriculated disk containing a 2×3 rectangle (so that twist is not trivial).

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Let $\mathcal{D} \subset \mathbb{R}^2$ be a balanced quadriculated disk containing a 2 × 3 rectangle (so that twist is not trivial). Let $\mathbf{t}_0, \mathbf{t}_1$ be tilings of $\mathcal{D} \times [0, N_0], \mathcal{D} \times [0, N_1]$. We denote by $\mathbf{t}_0 * \mathbf{t}_1$ the *concatenation* of these two tilings; $\mathbf{t}_0 * \mathbf{t}_1$ is a tiling of $\mathcal{D} \times [0, N_0 + N_1]$.

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The figure shows three tilings of $\mathcal{D} \times [0,2]$ for $\mathcal{D} = [0,4]^2$.



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The first tiling \mathbf{t}_{vert} is vertical.

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The first tiling \mathbf{t}_{vert} is vertical. The other two tilings $\mathbf{t}_0, \mathbf{t}_1$ admit no flip.

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It turns out that there exists a finite sequence of flips joining $\mathbf{t}_0 * \mathbf{t}_{vert}$ and $\mathbf{t}_1 * \mathbf{t}_{vert}$. We therefore have $\mathbf{t}_0 \sim \mathbf{t}_1$.

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We say a disk D is *regular* if $N_0 \equiv N_1 \pmod{2}$ and $\mathsf{Tw}(\mathbf{t}_0) = \mathsf{Tw}(\mathbf{t}_1)$ imply $\mathbf{t}_0 \sim \mathbf{t}_1$.

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We say a disk \mathcal{D} is *regular* if $N_0 \equiv N_1 \pmod{2}$ and $\mathsf{Tw}(\mathbf{t}_0) = \mathsf{Tw}(\mathbf{t}_1)$ imply $\mathbf{t}_0 \sim \mathbf{t}_1$. It turns out that $\mathcal{D} = [0, 4]^2$ is regular.

Theorem D A rectangle $\mathcal{D} = [0, L] \times [0, M]$ (*LM* even) is regular if and only if min{L, M} ≥ 3 .

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Let $\mathcal{D} \subset \mathbb{R}^2$ be a regular disk containing a 2 × 3 rectangle. Then there exists M such that:

if $\mathbf{t}_0, \mathbf{t}_1$ are tilings of $\mathcal{D} \times [0, N]$ and $\mathsf{Tw}(\mathbf{t}_0) = \mathsf{Tw}(\mathbf{t}_1)$ then $\mathbf{t}_0 * \mathbf{t}_{\mathsf{vert}, M}, \mathbf{t}_1 * \mathbf{t}_{\mathsf{vert}, M}$ can be joined by a finite sequence of flips.

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How does M depend on \mathcal{D} ?

Consider a fixed quadriculated disk $\mathcal{D} \subset \mathbb{R}^2$.

Consider a fixed quadriculated disk $\mathcal{D} \subset \mathbb{R}^2$. We construct a 2-complex $\mathcal{C}_{\mathcal{D}}$.

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Consider a fixed quadriculated disk $\mathcal{D} \subset \mathbb{R}^2$. We construct a 2-complex $\mathcal{C}_{\mathcal{D}}$.

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Let \boldsymbol{p}_{\circ} denote the empty plug.

Let $p_0, p_1 \in \mathcal{P}$ be disjoint plugs.

Edges from p_0 to p_1 are *floors*, where p_0 indicates vertical dominoes from below and p_1 indicates vertical dominoes from above.

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This defines the 1-skeleton of $\mathcal{C}_{\mathcal{D}}$.

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A *plug* is a balanced subset of \mathcal{D}

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Let $p_0, p_1 \in \mathcal{P}$ be disjoint plugs.

Edges from p_0 to p_1 are *floors*, where p_0 indicates vertical dominoes from below and p_1 indicates vertical dominoes from above.

This defines the 1-skeleton of $C_{\mathcal{D}}$.

But we must be careful with edges from \mathbf{p}_{\circ} to \mathbf{p}_{\circ} .

Tilings as paths in $\mathcal{C}_{\mathcal{D}}$

Tilings of $\mathcal{R}_N = \mathcal{D} \times [0, N]$ correspond to paths of length N in $\mathcal{C}_{\mathcal{D}}$ from \mathbf{p}_{\circ} to \mathbf{p}_{\circ} .



The figure shows a tiling of $[0, 4]^3$ as a sequence of plugs (vertices) and floors (edges).

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Given two tilings \mathbf{t}_0 and \mathbf{t}_1 we write $\mathbf{t}_0 * \mathbf{t}_1$ for their concatenation (as tilings or paths).

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More generally, paths of length N from p_0 to p_1 correspond to tilings of the region $\mathcal{R}_{p_0,p_1;0,N}$.

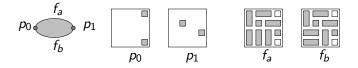
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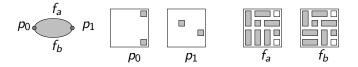


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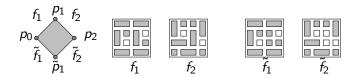
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Vertical flips correspond to quadrilaterals.



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Combinatorially, two tilings \mathbf{t}_0 of \mathcal{R}_{N_0} and \mathbf{t}_1 of \mathcal{R}_{N_1} define the same element of $\mathcal{G}_{\mathcal{D}}$ if and only if $\mathbf{t}_0 \sim \mathbf{t}_1$.

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The cases $\max\{L, M\} \le 6$ follow by long computations. The general case follows by induction.

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Tilings **t** of \mathcal{R}_* with $\mathsf{Tw}(\mathbf{t}) = t$ correspond to paths in $\tilde{\mathcal{C}}_{\mathcal{D}}$ from \mathbf{p}_\circ to $\sigma^t(\mathbf{p}_\circ)$ ($\sigma : \tilde{\mathcal{C}}_{\mathcal{D}} \to \tilde{\mathcal{C}}_{\mathcal{D}}$ is a deck transformation).

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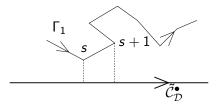
The amount of extra vertical space needed is the length of the longest path in the homotopy.

Short sketch of proof of Theorem E (cont.)

Construct a homotopy between a base path Γ_0 and an arbitrary path Γ_1 by constructing intermediate paths $\Gamma_{\frac{s}{M+1}}$.

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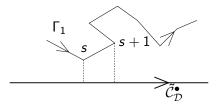
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In order to define $\Gamma_{\frac{s}{N+1}}$: Follow Γ_1 up to $\Gamma_1(s)$; then move to the spine $\tilde{C}_{\mathcal{D}}^{\bullet}$ by the shortest path; then follow along the spine towards the destination. The homotopy from $\Gamma_{\frac{s}{N+1}}$ to $\Gamma_{\frac{s+1}{N+1}}$ involves paths of bounded length, completing the proof.